



August 2019

HOURS: MON-FRI, 8AM TO 8PM  
SAT, 10AM TO 6PM

SYCAMORE PARK COMMUNITY CENTER  
1051 SYCAMORE STREET | 505.566.2480

## August Programs

[www.facebook.com/SycamoreParkCommunityCenter](http://www.facebook.com/SycamoreParkCommunityCenter)



**Thank you!**  
**We wish to thank the following for their recent contributions to SPCC:**

- Dona Kerr
- George Golombowski
- KOB-TV
- KWYK

**We wish to thank the following volunteers for making SPCC an ongoing great success:**

- Dona Kerr
- George Golombowski
- Floread Hodgson
- Katrina Uptain
- Calvary Chapel Farmington
- Rick Griffiths
- Gabriela Gonzalez-Young Miss Latinita Farmington
- Janice Hanna
- Jarina Benally
- Nehemiah Dee
- Josiah Dee
- Brandy Jackson
- Tasheena Castillo



### **Yoga with Carla:**

Join us for a thirty-minute beginning yoga class on Mondays, Wednesdays, and Fridays at noon, with Carla Martin. Bring a water bottle and yoga mat if you have one. Vinyasa and Hatha yoga styles will be used.

### **Drop in Circuit Workouts:**

We will be offering free circuit workouts on Mondays, Wednesdays, and Fridays from 9:00-10:00am. Please call us with any questions at 566.2480.

### **Community Line Dance Class:**

Floread Hodgson is teaching a free line dancing class each Tuesday from 6-7:30pm. You will enjoy learning different line dances and have a lot of fun along the way!

### **Disc Golf in the Park:**

The San Juan Basin Disc Golf Club will be at Sycamore Park on the third Thursday of the month at 9am to play disc golf, rain, snow, sleet or shine. Bring your discs and join in on the fun! Upcoming dates: August 15<sup>th</sup> and September 19<sup>th</sup>.

### **First Tee Drive Program:**

We are excited to begin a new golf program for kids in conjunction with the First Tee San Juan County. This free program is offered on Monday's at 3pm throughout the school year.

### **Basketball Open Gym:**

On Tuesday's and Thursday's from 6-8 PM the Harv Henry Gymnasium at SPCC is reserved for pick-up basketball. There is no cost to participate. Come have some fun and get some exercise!

### **Wednesday Dodgeball:**

Dodgeball will be at 4 PM every Wednesday. Put your game face on and come have some fun, open to all ages. We have set aside a special time for teens to play each week from 5-6 PM.

### **SJC Outdoor Recreation:**

San Juan College HHPC will be offering Outdoor Recreation Activities every other Thursday's at 4pm, August 1<sup>st</sup>, 15<sup>th</sup>, and 29<sup>th</sup>. Bring a bottle of water and comfortable shoes and join the fun!

### **Summer Meal Program:**

Join us in the park this summer breakfast is served from 8:30am-9:30am, lunch is served 11:30am-1:30pm. Tuesday and Thursdays hot lunch is served from SPCC Activity Room 111. This program provides free meals for kids, ages eighteen and younger. All meals must be eaten at the center. Program ends August 9<sup>th</sup>.

### **Bisti Bay Swim Shuttle:**

We will be going to the new Bisti Bay Water Park on August 5<sup>th</sup> and 12<sup>th</sup>. Bus will leave at 12pm and return before 5pm. All participants must have signed permission slip and fees to join the fun! Please remember that you must have proper swimwear.

### **Aquatic Center Swim Shuttle:**

The swim shuttle will be going to the Farmington Aquatics Center on Wednesday's this summer. Entry fee is \$2 per person on Wednesday's. Bus leaves the center at 12:30 PM, returns at 4:30 PM. August 28<sup>th</sup> 4-7pm. All participants must have a signed permission slip to join in the fun. Please remember that basketball shorts are not allowed, you must have proper swimwear.

### **Rock N Roller Rink Field Trip:**

We will take a trip to Rock N Roller Rink each Tuesday bus leaves the center at 11 AM, returning at 3:30 PM. Upcoming dates: August 6<sup>th</sup> and 13<sup>th</sup>. Fees are \$5 to get in including skates. Personal skates are allowed. All participants must have a signed permission slip to attend.

### **Bloomfield Aquatics Shuttle:**

We will be going to Bloomfield Aquatic Center every other Monday. Bus leaves at 12:30pm and returns at 5:00pm. Entry fee is \$3.50 ages 3-12 years old, \$4.50 ages 13-18 years old. Upcoming dates: July 8<sup>th</sup> and 22<sup>nd</sup>.

### **Feed the Ducks Field Trip:**

We will be going to Berg Park to feed the ducks on August 8<sup>th</sup>. The bus will leave about 10:30am and return about 11:30am. Please wear proper shoes and bring a bottle water.

### **Summer Park Play Days:**

Join us each month this summer as we feature one of our great local parks. Indian Center Park, August 19<sup>th</sup> from 4:00-6:00pm, Beckland Park, and September 7<sup>th</sup> 10:00am-Noon. Get ready for some good old fashion fun!

### **ICAN FREE Cooking Demonstrations:**

San Juan County Cooperative Extension will be hosting cooking demonstrations this year for adults. Demonstrations will be held every other Wednesday at 10am. All materials, recipes and supplies will be provided.

### **Victim Impact Panel:**

Drug Free San Juan County, Inc presents DWI Victim Impact Panel. Every first Wednesday of the month; doors open at 6:30pm and starts at 7:00pm. Upcoming dates: August 7<sup>th</sup> and September 4<sup>th</sup>. Please call Dr. Richard L. O'Neill or Sharon O'Neill at 505.592.1476 for any questions.

### **Keep It Clean:**

Farmington Clean and Beautiful will be holding free, educational activities on August 12<sup>th</sup> at 3:30pm. This class happens every month on the second Tuesday and provides information, games and activities related to keeping our community environment clean and healthy-don't miss it!

### **Do you save Box Tops?**

Please save your box top labels that can be found on office supplies and all General Mills foods. Bring them to the community center to help us earn free recreation supplies! Please call us with any questions at 566.2480.

### **Daily Activities:**

Check out our daily activities schedule for August they include crafts, mystery activities, dodgeball, outdoor recreation activities, swim shuttles, field trips and more. Come hang out at the community center we will have fun activities for kids of all ages! Don't miss out!

# Upcoming Special Events

www.facebook.com/SycamoreParkCommunityCenter

## Open House & Clothing Distribution:

Friday, August 23

5:00pm-7:00pm

Sycamore Park Community Center

All ages

Come check out the community center and all we have to offer this fall at our annual open house. We will also have vendors present that we work with throughout the year. Clothing will be available at no cost for the entire family. This is a free event on Friday, August 23<sup>rd</sup> from 5-7pm.



## Family Campout: FAMCAMP19

Friday, September 13 – Saturday, September 14

5:00pm-9:00am

Riverside Nature Center

All ages

Join us for the Family Campout on Friday, 5 PM. Bring your family, your tent and get ready for a special night around the campfire creating memories that will last a lifetime. Tickets are \$4 per person and must be purchased in advance at Sycamore Park Community Center or online at [www.fmtn.org/webtrac](http://www.fmtn.org/webtrac) under SPCC tickets. Ticket price includes a weenie roast, continental breakfast, a picture and an evening of games and activities.

## Harvest Party:

Friday, October 11th

5:00pm-7:00pm

Sycamore Park Community Center

All ages

Don't miss this annual event! It is a free event that is a lot of fun for the entire family. Come ready to play fun fall games including the hay bale hop, ring toss, coke bottle toss, and more. Please call us with any questions at 566.2480.

## Thanksgiving Potluck:

Friday, November 8

6:00pm

Sycamore Park Community Center

All Ages

Join us on Friday at 6 PM for the Thanksgiving Potluck. The turkey, mashed potatoes, gravy, and drinks will be provided, bring a side and enjoy a fun evening at the community center.

## SPCC Tree Lighting and Christmas Social

Friday, December 6th

5:00pm-6pm

Sycamore Park Community Center

All Ages

Join us on Friday at 6 PM for lighting of the SPCC Christmas Tree. There will be refreshments and a small activity available. Lighting of the SPCC Tree will happen approximately about 5:30pm. For more questions, please call 505.566.2480.



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