

SENIOR PROM

March 7th
 6:30 PM – 9:00 PM
 Theme: "Venetian Carnival"
 San Juan College
 (Sunroom)
OFF the INTERSTATE
 Must be 50+ to attend.
 Call 566-3403 for more information.

Bonnie Dallas Senior Center will be closed for Saturday & Sunday, March 7 & 8, 2015 to wax the floors.



Bonnie Dallas Senior Center will be closed for the Easter holiday weekend:
 Friday - Sunday, April 3 - 5, 2015

SPECIAL EVENTS

Tax Aide by AARP

Mondays & Thursdays: March 2, 2015 – April 13, 2015
 Call 505.566.2256 to make an appointment.
 Tax Aide assistance for senior citizens 50+ years of age, who are middle and low-income taxpayers. The counselors are volunteers and they are dedicated to help the senior community.



St. Patrick's Bingo Party

Monday, March 9, 2015
 1:00 pm. - 2:00 p.m.
 The Senior Center provides prizes and refreshments.
 Bingo cards are .50¢ per card.
 You must be registered by 1:00 p.m. to play blackout.



St. Patrick's Dinner & Dance

Featuring Grant & Randy
 Tuesday, March 17, 2015
 10:30 a.m. – 2:00 p.m.



Bring your sweetheart for a lovely lunch and enjoy the music. A Mr. and Mrs. Leprechaun will be crowned to reign over the festivities. Lunch is a suggested donation of \$3.00 for anyone 60+ and a \$6.00 fee for anyone 59 and under.

Easter Bingo Party

Monday, April 6, 2015
 1:00 pm. - 2:00 p.m.
 The Senior Center provides prizes and refreshments.
 Bingo cards are .50¢ per card.
 You must be registered by 1:00 p.m. to play blackout.



Senior Center Spotlight

MARCH & APRIL 2015

NATALIE SPRUELL

Senior Center Interm Administrator

HOURS OF OPERATION

Monday-Friday:
 8:00 a.m. - 4:00 p.m.
 Saturdays:
 Main Hall opens for Billiards
 10:00 a.m. - 3:00 p.m.

SERVICES

LUNCH SERVED

Monday-Friday
 11:45 a.m. - 1:00 p.m.
 Main Hall Dining Hall
 Cost: 60+ Donation of \$3.00
 59 & Under: \$6.00 Fee

MEALS ON WHEELS

For seniors who are Homebound, within the city limits & unable to prepare meals. Delivered Monday-Friday.
 Cost: 60+ donation of \$3.00

TRANSPORTATION

To and from the Senior Center for those who no longer drive. Call for more details 505.599.1380

BENEFITS COUNSELING

Helps you with Medicare, Medicaid, and Social Security questions. Call 505.566.2256 for an appointment.

www.fmtn.org/bdsc
 fb.com/bdsrctr



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2015 San Juan County Senior Olympics

(Men & Women 50+)

April 1st to May 1st

\$7.00 to sign up and get your T-shirt

The Senior Olympics is dedicated to provide adults 50+ with opportunities for a healthy active lifestyle. Our mission is to promote physical fitness for seniors in San Juan County; provide year-round opportunities and motivation for adults 50+ to participate in local, state, and national games. For more information, call 505.599.1390.

Bonnie Dallas Senior Center

The Bonnie Dallas Senior Center offers a multi-dimensional program with a wide variety of leisure activities. The activities range from recreational to educational, active to passive, individual to group. The Center is a fun and friendly place that you can come down and get involved. If you want an outlet for artistic and creative abilities we have various classes to join. If you have a desire to get fit or stay in shape we have exercise classes and an affordable fitness center. The minimum age to participate in these activities is 50.

Mission Statement

The Bonnie Dallas Senior Center is dedicated to developing and administering social, educational, and recreational programs for adults 50+ years of age. The center advocates services which promote independence, dignity, and promote choice. Ensuring that all seniors are treated with dignity; protected against abuse, exploitation, and fraud. Customer service with a caring compassionate heart is our utmost priority and making sure we are a "Home away from Home" for our patrons.

BONNIE DALLAS SENIOR CENTER CAMPUS

109 E. La Plata Street | 208 Wall Street | Farmington, NM 87401 | 505.599.1380

Senior Center Spotlight Issue March & April 2015



BONNIE DALLAS SENIOR CENTER

"A Friendly Place Where Friends Meet Friends"

109 E. La Plata Street, Farmington, NM 87401

208 Wall Street, Farmington, NM 87401

505.599.1380 Main Building

505.566.2287

Fitness Center

505.566.2256 Annex

505.566.2288

Activity Center

www.fmtn.org/bdsc

fb.com/bdsrctr



The Bonnie Dallas is a division of the City of Farmington's Parks, Recreation, and Cultural Affairs Department.

The monthly schedule of events is available on the www.fmtn.org/bdsc



From the ADMINISTRATOR'S DESK

Greetings Friends!

Thank you so much for the wonderfully warm welcome that I have received at the Bonnie Dallas Senior Center. I'm, Natalie Spruell, interim Senior Center Administrator. I am excited for the opportunity to be involved in leading the staff and the senior community towards a bright future. It has been my pleasure for the last six years to manage the Sycamore Park Community Center, which is a facility serving all age groups. At the community center, we provide senior fitness classes, cooking classes for all ages, and volunteer opportunities for everyone. I have been the instructor for the senior fitness class for five years. I am committed to the active adults in the community and have a passion for personal service excellence. I can't wait to meet each of you, learn your names, and what matters to you. During my time here, I have observed the staff and their compassion for each of you. I want you to know that I am coming along side of this great team to continue to provide all aspects of senior services.

I have had the pleasure of getting to know Larry and Judi over the course of the past six years; they are both wonderful people and will truly be missed. As we celebrate their respective retirements, we wish them well on the next chapter of their lives. The delightful thing is that each of them will remain in Farmington, and I bet, they will be by to visit frequently. I wish everyone a Happy New Year, and look forward to what it brings.

Blessings,

Natalie Spruell

Natalie Spruell

Senior Center Interim Administrator

505.599.1380

“A Friendly Place
Where Friends Meet”

Our Senior Center does not have a membership fee; we do have a client assessment interview that you must complete to participate in our nutrition program.

Lunch is a suggested donation of **\$3.00** for 60+ years of age.

59 and under will be charged a **\$6.00** fee.



Meals on Wheels Volunteers Needed

We serve over 100 seniors, 60+, who are homebound. The hot meals are delivered daily. From the Senior Center kitchen our caring volunteers do the same route (neighborhood) on the same day each week. It takes approximately one hour. Currently, we are in need of help on the following days of the week.



Monday / Tuesday / Wednesday / Thursday / Friday

If you want to make a difference in someone's life, please either go to www.fmntn.org to fill out an online application to volunteer listing the position as, "Meals on Wheels Delivery at the Bonnie Dallas Senior Center" or stop in to see Stephen Dick (Senior Center Coordinator) at 109 E. La Plata Street, Farmington, NM 87401. 505.599.1380

The Silver Fitness

Monday- Friday 8:00 a.m.- 4:00 p.m. 50+ years of age
Exercise machines including Ellipticals, treadmills, NuStep, SciFit and resistance machines. Fee: \$20 annually / \$10 every 6 months / \$5 every 3 months / \$3 a month. Pre-registration paperwork required, and then we will schedule your orientation on equipment guidance. Call Omega Soto 505.566.2287

SENIOR STAFF:

- NATALIE SPRUELL
Senior Center Interim Administrator
- STEPHEN DICK
Senior Center Coordinator
- OMEGA SOTO
Recreation Program Coordinator

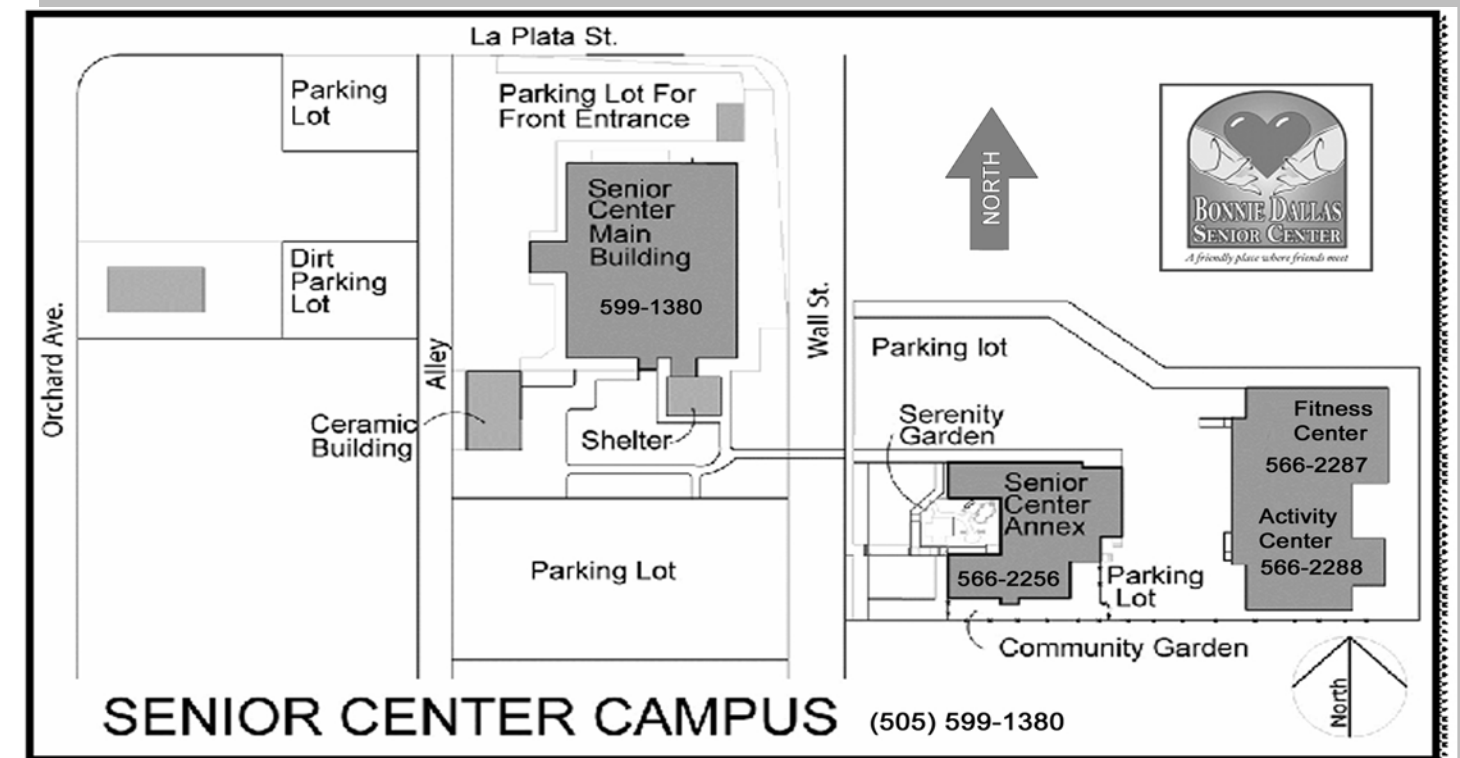
COMPUTER LAB MAIN HALL & ANNEX



Computers are available for internet browsing & word processing.

LIBRARY- ANNEX

Books, puzzles, VCR movies, and DVDs are available to check out. Flexible magnification screen available for those who are vision impaired.



MARCH 2015


CLASS LOCATION KEY

MB Main Building -109 E. La Plata St

AX Annex -208 N. Wall St

AC Activity Center -208 N. Wall St (behind Annex Building)

CB Ceramics Building (Southwest of Main Building)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Dance Night 7:00 p.m. – 10:00 p.m.
<p>2</p> <p>8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo -MB \$.50 per card. Patron will provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>3</p> <p>8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class-Pre-registration required -AX 1:00 Choral Group "Joyful Noise" ♪ -AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>4</p> <p>10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>5</p> <p>8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>6</p> <p>9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ -AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>7</p> <p>SENIOR PROM @ San Juan College "Off the Interstate" 6:30 – 9:30pm Theme: Masquerade Carnival</p> <p>SENIOR CENTER CLOSED ALL WEEKEND TO WAX THE FLOORS</p>
<p>9</p> <p>8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 St. Patty's Bingo Party -MB \$.50 per card. Senior Center provides prizes. Must be registered by 1:00 p.m.</p>	<p>10</p> <p>8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class-Pre-registration required -AX 10:30 Blood Pressure Clinic -MB CELEBRATE FEBRUARY BIRTHDAYS-THE BRIDGE (CAKE) -MB 1:00 Choral Group "Joyful Noise" ♪ -AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>11</p> <p>10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>12</p> <p>8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 NARFE -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>13</p> <p>9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ -AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>14</p> <p>Off the Interstate \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>16</p> <p>8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo -MB \$.50 per card. Patron will provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>17</p> <p>8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class-Pre-registration required -AX 11:45 ST. PATTY'S DINNER & DANCE - MB 1:00 Choral Group "Joyful Noise" ♪ -AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>18</p> <p>10:30 Exercise -AC 12:30 "42' Dominoes -AX 12:30 DANCE "COUNTRY JAMMERS"-MB 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>19</p> <p>8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>20</p> <p>9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ -AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>21</p> <p>Vintage People \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>23</p> <p>8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo -MB \$.50 per card. Patron will provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>24</p> <p>8:30 Pilates/Stretch Class – NO CLASS 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class-Pre-registration required -AX 10:30 Blood Pressure Clinic -MB CELEBRATE FEBRUARY BIRTHDAYS-THE BEEHIVE (ICE CREAM) -MB 1:00 Choral Group "Joyful Noise" ♪ -AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>25</p> <p>10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>26</p> <p>8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class – NO CLASS 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>27</p> <p>9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ -AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>28</p> <p>Otis & The Rhythm \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>30</p> <p>8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo -MB \$.50 per card. Patron will provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>31</p> <p>8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class-Pre-registration required -AX 10:30 Blood Pressure Clinic -MB 1:00 Choral Group "Joyful Noise" ♪ -AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>ENCORE PILATES CLASS Bonnie Dallas Senior Center 8:30 - 9:30 a.m. Tuesdays & Thursdays March 3 – June 2 (no class March 24 & 26) <i>Residents and non-residents 65+ may take up to six credit hours at San Juan College per semester</i> <i>Senior rate of \$5.75 per credit hour (\$5 tuition, \$0.75 student activity fee).</i> <i>Residents under 65 pay \$41.75 per credit hour (\$41 tuition, \$0.75 student activity fee).</i> For more info call: (505) 566-3214 or see instructor</p>		<p>San Juan County Senior Olympics – 50+ Events April 1st to May 1st \$7 to sign up & get your T-Shirt More info. : (505) 599-1380</p> 	



CLASS LOCATION KEY

MB Main Building -109 E. La Plata St

AX Annex -208 N. Wall St

AC Activity Center -208 N. Wall St (behind Annex Building)

CB Ceramics Building (Southwest of Main Building)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday Dance Night 7:00 p.m. – 10:00 p.m.
<p>San Juan County Senior Olympics – 50+ Events April 1st to May 1st \$7 to sign up & get your T-Shirt More info. : (505) 599-1380</p>		<p>1 10:00 Garden Club Meeting – AX 10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>2 8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>3 CENTER CLOSED Easter Holiday </p>	<p>7 CENTER CLOSED Easter Holiday </p>
<p>6 8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Easter Bingo Party -MB \$.50 per card. Senior Center provides prizes. Must be registered by 1:00 p.m.</p>	<p>7 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class–Pre-registration required -AX 1:00 Choral Group "Joyful Noise" ♪ –AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>8 10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>9 8:00 Tax Aide Counseling by Appt -AX 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 NARFE -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>10 9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ –AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>11 Senior Olympics Grant & Randy \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>13 8:00 Tax Aide Counseling by Appt -AX 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo –MB \$.50 per card.. Patron will also provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>14 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class–Pre-registration required -AX 10:30 Blood Pressure Clinic -MB CELEBRATE FEBRUARY BIRTHDAYS-THE BRIDGE (CAKE) -MB 1:00 Choral Group "Joyful Noise" ♪ –AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>15 10:30 Exercise -AC 12:30 "42' Dominoes -AX 12:30 DANCE "COUNTRY JAMMERS"-MB 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>16 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>17 9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ –AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>18 Off the Interstate \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>20 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo –MB \$.50 per card.. Patron will also provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>21 8:30 Pilates/Stretch Class (ENCORE)–AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class–Pre-registration required -AX CELEBRATE FEBRUARY BIRTHDAYS-THE BEEHIVE (ICE CREAM) -MB 1:00 Choral Group "Joyful Noise" ♪ –AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>22 10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>23 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	<p>24 9:00 Ceramics -CB 10:00 Bible Study in Navajo -AX 10:00 Weight Management "Weigh In" -AC 10:30 Exercise -AC 1:00 Music Club ♪ –AX 1:00 Exercise -AC 2:00 Line Dance-Intermediate -AC</p>	<p>25 Forever Young \$3.00 per person, no matter what time you enter Dance Pass: \$30 for 11 dances Doors open @ 6:30 p.m. In the Senior Activity Center Behind the Senior Annex Bldg</p>
<p>27 9:00 Oil Painting -AC 10:30 Exercise -AC 12:30 Mexican Train Dominoes -AX 12:30 Wood Carving -AC 1:00 Exercise -AC 1:00 Bingo –MB \$.50 per card.. Patron will also provide a gift worth \$1.00 or more. Must be registered by 1:00 p.m.</p>	<p>28 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Drawing Class + Calligraphy -AC 9:30 Writing Class -AC 9:30 Crafts Class–Pre-registration required -AX 10:30 Blood Pressure Clinic -MB 1:00 Choral Group "Joyful Noise" ♪ –AC 1:00 Hooks and Needles -AC 1:00 Mah Jong -AX</p>	<p>29 10:30 Exercise -AC 12:30 "42' Dominoes -AX 1:00 Art Lab -AX 1:00 Basic Stone Cutting Class -AC 1:00 Ceramics -CB 1:00 Exercise -AC 2:00 Line Dance/ Advanced -AC</p>	<p>30 8:30 Pilates/Stretch Class (ENCORE) – AC 9:30 Tai Chi -AC 9:30 Paper Crafting -AX 10:30 Bible Study -AX 12:30 Canasta -AX 12:30 ART JEWELRY- ENCORE -AC 1:00 Line Dance/ Beginners -AC 1:00 Art Class -AX</p>	