

NEWS LETTER

SPCC
Sycamore Park
Community Center

January 2015

HOURS: MON-FRI, 8AM TO 8PM
SAT, 10AM TO 6PM

SYCAMORE PARK COMMUNITY CENTER
1051 SYCAMORE STREET | 505.566.2480



Thank you!

We wish to thank the following for their recent contributions to SPCC:

*Dona Kerr
George Golombowski
KOB-TV
KWYK
Star 102.9*

We wish to thank the following volunteers for making SPCC an ongoing great success:

*Dona Kerr
George Golombowski
Annie Lee
Michelle Albright
Georgia Rhondagale
Mike Farley
Andrea Garcia
Reindeer Romp
Volunteers*

January Programs

Ballet and Jazz Dance Classes:

Dance classes have returned! Alexis and Madelynn are the new instructors and will be teaching FREE dance classes on Monday nights. Ages 5-8 will meet from 5-5:45 PM and ages 9 and up will meet from 6-6:45 PM.

Free Blood Pressure Checks:

Cathy James with Basin Home Health is at the center on Wednesday's providing free Blood Pressure screenings from 9-10am

Senior Fitness

Senior Fitness will be offered at Sycamore Park Community through the ENCORE program at San Juan College on Monday's, Wednesday's and Friday's from 9-10 AM. Contact Natalie Spruell for more information at: 566.2481.

Do you save Box Tops?

Please save your box top labels that can be found on office supplies and all General Mills foods. Bring them to the community center to help us earn free recreation supplies! Please call us with any questions at 566.2480.

Community Line Dance Class:

Floread Hodgson is teaching a free line dancing class each Tuesday from 6-7:30pm. You will enjoy learning different line dances and have a lot of fun along the way!

San Juan County Victim Impact Panel:

SPCC is home of the San Juan County Impact Panel. The next panels will be held on Thursday, January 29th, February 26th, and March 26th. The doors will open at 6:30PM and the presentation will begin at 7PM. Visitors are welcome at no cost. If you need additional information or have questions please contact Carol Kohler, coordinator at 505.334.8111

Alzheimer's Association Presentations:

The Alzheimer's Association will be providing FREE, monthly presentations from 12pm-1pm. January 21st, February 18th, and March 18th will all be "Conversations about Dementia". Please come prepared to discuss any specific needs you may have.

Skateway USA Field Trip:

Join us on Wednesday, January 14th for a trip to Skateway USA from 6-8 PM. Fees are \$5 to get in and skate rental is \$2 for quads or \$3 for blades. Personal skates are allowed at Skateway USA. All participants must have a signed permission slip to attend.

Daily Activities:

Check out our daily activities schedules for January they will include crafts, mystery activities, dodgeball, swim shuttles, field trips and more. Come hang out at the community center we will have fun activities for kids of all ages! Don't miss out!

Keep It Clean:

Farmington Clean and Beautiful will be holding free, educational activities on Tuesday, January 13th, February 10th, and March 10th from 3:30-4:30 PM. This class happens every month on the second Tuesday and provides information, games and activities related to keeping our community environment clean and healthy-don't miss it!

www.facebook.com/SycamoreParkCommunityCenter



Wednesday Dodgeball:

Dodgeball will be at 4 PM every Wednesday. Put your game face on and come have some fun, open to all ages.

Basketball Open Gym:

On Tuesday's and Thursday's from 6-8 PM the Harv Henry Gymnasium at SPCC is reserved for pick-up basketball. There is no cost to participate. Come have some fun and get some exercise!

Big Brothers Big Sisters of SJC:

Want a Big? SPCC is partnering with BBBS to provide a year around site based program for kids ages 5-13. For an application or more information call Natalie at 566-2481.

Cake Walk:

The cake walk is right around the corner on Friday, January 16th from 5-7pm, and the theme this year is Ninja Turtles! Cost to participate is \$2 per person or a cake donation. Don't miss out on the fun! Call us with any questions: 566.2480.

Cupcake Wars & Craft Fair:

Mark your calendars to get your Valentine's Day shopping done on February 7th from 10-3pm at the Sycamore Park Community Center Craft Fair. Returning this year is the Cupcake War contest-don't miss it. Craft booths are \$10 per space and the cupcake wars competition is \$5 per entry. You can sign up online at www.fmtn.org/spcc.

Daddy Daughter Ball:

Show the young lady in your life just how important she is by inviting her to a special evening at the Farmington Civic Center hosted by Sycamore Park Community Center. The early evening will be full of dancing, refreshments, complimentary photos, and something special for the ladies. So put on your dancing shoes, let your little girl get all dressed up and take her on a Daddy Daughter date to remember! Tickets are \$4.00 per person and must be purchased in advance; they can be purchased online at www.fmtn.org/spcc. This special event will take place Saturday, February 21st from 6-8PM.

Mother Son Dodgeball Tournament:

Our mother son event for 2015 is the annual Dodgeball Tournament and Ice Cream Sundae Bar to be held on Saturday, March 7th from 1-3PM. This is an event especially for mothers and sons to build memories that will last a lifetime. Tickets are \$4 per person which includes dodgeball, ice cream, and a picture to cherish for years to come. Please purchase tickets in advance at www.fmtn.org/spcc

St. Patrick's Day Madness:

Get in the mood for St. Patrick's Day by joining us for fun, games, and refreshments on Tuesday, March 17th from 4-6PM! This is a free event sure to be fun for the entire family! WEAR GREEN! There will be a "Most Creative Green Worn Contest" so be sure to get creative and GET GREEN!

Easter Eggstravanza:

Staff is already busy filling eggs for the annual Easter Eggstravaganza to take place Friday, April 3rd. More details to come.



HOURS: MON-FRI, 3 TO 6PM
SAT, 10AM TO 6PM

CMCC Will be closed
January 1st-3rd, 2015

January Newsletter

CROUCH MESA COMMUNITY CENTER | 4500 WILDFLOWER MESA DRIVE | 505.325.9850



For great information, photos, and schedules...
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www.facebook.com/SycamoreParkCommunityCenter

Recreation Leader:
Jimberly Hawkins



My name is Jimberly Hawkins. I am currently attending San Juan College and applying for the Nursing Program. I am married with two teenage children and I am looking forward to being a part of the CMCC team.

Recreation Leader:
Carla Martin



Hi my name is Carla Martin. I have been married to my wonderful husband for 33 years. We have two grown children. I have been a full time caregiver for my father since 2001. In my free time I love to read, fish and spend time at our family cabin in Cedar Crest. I also spend a lot of time with our dog Moshi. I love gardening, going on good long walks at Berg Park. I'm so happy to be included in helping provide recreation to the Crouch Mesa Community Center!

Community Surveys:

Crouch Mesa Community Center needs your help. Stop by the Community Center and complete a survey to provide input on what Crouch Mesa Community Center should look like in the future.

Keep It Clean:

Debbie Homer with Farmington Clean and Beautiful will be holding free, educational activities on Tuesday, January 20th, February 17th, and March 17th from 3:30-4:30 PM. This class happens every month on the third Tuesday and provides information, games and activities related to keeping our community environment clean and healthy-don't miss it!

Daily Activities:

Check out our daily activities schedule for January, they will include crafts, mystery activities, game night and more. Come hang out at the community center. We will have fun for all ages! Don't miss out!